

## DARA'S RECOMMENDED READING LIST

These are not books on writing, but on related topics that can inspire and help develop creative talent. Please contact me if you have a particular interest that isn't noted here and I'll see if I can recommend something: [dara@daramarks.com](mailto:dara@daramarks.com)

<i>Persephone Rising</i>	Carol Pearson	Excellent examination of the heroic transformational archetypes that exists within all of us
<i>The Hero Within</i>		
<i>Awakening the Hero Within</i>		
<i>Persephone Returns: Victims, Heroes and the Journey from the Underworld</i>	Tanya Wilkinson	Amazing insight into the feminine heroic
<i>The Eternal Drama</i>	Edward Edinger	Explores the psychological meaning of mythic stories
<i>Inner Work</i>	Robert A Johnson	Technique for using dreams and active imagination to find the deeper meaning of story
<i>He</i>		The Masculine archetypal journey
<i>She</i>		The Feminine archetypal journey
<i>The Hero With a Thousand Faces</i>	Joseph Campbell	Offers a deeper understanding of the hero's journey
<i>The Hero With an African Face: Mythic Wisdom of Traditional Africa</i>	Clyde W. Ford	Fascinating exploration of African stories and myths that tell us who we are as human beings.
<i>Care of the Soul</i>	Thomas Moore	Brilliant examination of archetypal meaning in mythic stories
<i>The Golden Ass of Apuleius: The Liberation of the Feminine in Man</i>	Marie-Louise Von Franz	Wonderful insight into the male psyche
<i>Men and the Water of Life: Initiation and the Tempering of Men</i>	Michael Meade	Ancient stories to illuminate conflicts that modern men (and women) may experience
<i>Amor and Psyche</i>	Erich Neumann	Offers deeper understanding of the Heroine's journey
<i>Meeting the Shadow</i>	Connie Zweig and Jeremiah Abrams	These books help writers understand the effect of shadow on character development
<i>Romancing the Shadow</i>		
<i>Inanna, Queen of Heaven and Earth</i>	Diane Wolkstein and Noah Kramer	Archetypal myth of the feminine descent
<i>Descent to the Goddess: A Way of Initiation for Women</i>	Sylvia Perera	Powerful interpretation of the Inanna myth
<i>Pagan Grace</i>	Ginette Paris	Archetypal descriptions of the Gods and Goddesses
<i>Pagan Meditations</i>		
<i>Dancing in the Flames</i>	Marion Woodman and Elinor Dickson	Fascinating look at the role of the dark goddess in the transformation of consciousness